

Concluding Questions

U4L4: LET'S RECONNECT

1. Reflect on your thoughts from the "Why Does Nature Make You Feel Better"
video. Doe these ideas align with your own experiences in nature? In other
words, does spending time in nature help you feel restored? Give an example
of one of your outdoor experiences in your answer.

2. What additional research would YOU like to see done on this topic? What are you curious to know more about? Why?

3. What did you find challenging about conducting an interview?	Be
specific.	

4. What was your main takeaway from your conversation with another person from an older generation? Again, be specific.

